

SET PRE-SHOW MENU

FG SOUP OF THE DAY

Ingredients

0.166667 kg	Leeks
41.666667 g	Onions : Spanish
50 g	Potatoes : Peeled
8.333333 ml	Pomace Oil
3.333333 g	Essential : Vegetable : Stock
50 ml	Milk Semi Skimmed
2 g	Salt Company : Table Salt
1.333333 g	Ground : White Pepper : Fairway
0.166667 litre	water litre
0.5 each	Oblong : Ciabatta : Vive Le Pain
8 g	Butter Disc Somerset-Round : Markus
1 g	Parsley : Flat

Allergens & Dietary Suitability

Gluten	Milk
Celery	Sulphur dioxide
* Sesame	
* May Contain	

Allergen Disclaimer:

Indicates a product with missing allergen data

Last Updated:

Most recent item added: 07/02/2019 10:07:31 (218956)

Dish details last updated: 15/03/2019 16:37:32

FG HAM HOCK TERRINE

Ingredients

56 g	Ham Hock And Pea Terrine : Frozen
25 g	Piccalilli
0.5 each	Oblong : Ciabatta : Vive Le Pain
25 g	Lettuce : Mixed Baby Leaf
10 ml	Extra Virgin : Rapeseed Oil : Cold Pressed
2 g	Maldon Sea Salt : Flaked
8 g	Butter Disc Somerset-Round : Markus

Allergens & Dietary Suitability

Gluten	Milk
Mustard	* Sesame

* May Contain

Allergen Disclaimer:

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Last Updated:

Most recent item added: 14/03/2019 11:50:03 (507669)

Dish details last updated: 15/03/2019 16:36:15

FG BEETROOT FALAFEL AND VEGAN TZATZIKI

Ingredients

20 ml	Vegan : Mayonnaise
5 g	Mint
0.05 each	Cucumber
0.05 each	Lemon
5 ml	water ml
66 g	Beetroot : Falafel
10 g	Lettuce : Mixed Baby Leaf
0.25 each	Cucumber
20 g	Tomatoes : Cherry Red
0.05 bunch	Coriander

Allergens & Dietary Suitability

Mustard

Allergen Disclaimer:

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Last Updated:

Most recent item change: 14/03/2019 11:49:33 (217496)

Most recent item added: 07/02/2019 10:25:21 (210129)

Dish details last updated: 15/03/2019 16:35:11

FG MANGO AND CHILLI PRAWN SALAD

Ingredients

0.1 each	Cucumber
5 g	Onions : Red
0.025 bunch	Coriander
0.1 each	Lime
5 ml	Pomace Oil
0.3 g	Maldon Sea Salt : Flaked
10 ml	Delicias : White Wine Vinegar
0.5 g	Total Savers : Granulated Sugar
10 ml	Thai Sweet Chilli Sauce
93 g	Prawns : Chilli Mango

Allergens & Dietary Suitability

Sulphur dioxide * Peanuts

* May Contain

Allergen Disclaimer:

Indicates a product with missing allergen data

Last Updated:

Most recent item change: 15/02/2019 15:21:43 (2108560)

Most recent item added: 15/02/2019 14:50:28 (2108560)

Dish details last updated: 15/03/2019 16:36:49

FG VEGAN PENANG CURRY

Ingredients

0.1 each	Cucumber
10 ml	Delicias : White Wine Vinegar
5 g	Caster Sugar
1 g	Salt Company : Table Salt
0.5 g	World Spice : Coriander Seeds : Whole
300 g	Vegan : Penang Curry
200 g	Tilda Long Grain Rice : Sachet
0.5 each	Kohbez : Flatbread : 10" : Lebanese

Allergens & Dietary Suitability

Gluten	Sulphur dioxide
* Tree Nuts	* Soya
* May Contain	

Allergen Disclaimer:

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Last Updated:

Most recent item added: 07/02/2019 10:30:14 (372438)

Dish details last updated: 15/03/2019 16:40:24

FG STEAK PIE AND MASH

Ingredients

0.005 10ltr	Water 10ltr
0.00375 kg	Essential : Gravy : Savoury
0.05 g	Sage
0.025 g	Thyme
0.05 g	Garlic : Loose
400 g	Steak & Stout Pie : Irish
120 g	Peka Mashed : Potato
30 g	Beans : Fine - Top & Tailed
30 g	Fairway : Garden Peas : Luxury
5 g	Fairway Buttery : Spread

Allergens & Dietary Suitability

Gluten Milk

* Tree Nuts

* May Contain

Allergen Disclaimer:

Indicates a product with missing allergen data

Last Updated:

Most recent item change: 20/02/2019 11:51:53 (319125)

Most recent item added: 07/02/2019 10:38:58 (372442)

Dish details last updated: 15/03/2019 16:39:55

FG HUNTERS CHICKEN

Ingredients

3 g	Salt Company : Table Salt
3 g	Ground : White Pepper : Fairway
225 g	Chicken (Highbury) : Supreme : Skin On : Vac Pack in 5's
1 each	Mature Cheddar : Slices
50 ml	House Of Lord : BBQ Sauce
10 ml	Pomace Oil
50 g	Bacon Back : Smoked : Sliced
130 g	Stealth Fry : French Fries : Skin on - 6mm
15 g	Lettuce : Mixed Baby Leaf
10 ml	Extra Virgin : Rapeseed Oil : Cold Pressed

Allergens & Dietary Suitability

Milk	Celery
Mustard	

Allergen Disclaimer:

Indicates a product with missing allergen data

Last Updated:

Most recent item change: 14/03/2019 12:29:23 (194088)

Most recent item added: 07/02/2019 10:43:41 (393478)

Dish details last updated: 15/03/2019 16:38:05

FG SALMON HOLLANDAISE

Ingredients

1 each	Salmon : Supreme : skin-on, boneless : 170-200g (6-7oz)
75 g	Carmel Potatoes : Baby
50 g	Green Beans : Fine : Whole
50 ml	Signature Hollandaise Sauce
0.25 each	Lemon
1 g	Parsley : Flat
5 g	Fairway Buttery : Spread

Allergens & Dietary Suitability

Fish	Eggs
Milk	

Allergen Disclaimer:

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Last Updated:

Most recent item added: 07/02/2019 10:50:29 (528402)

Dish details last updated: 15/03/2019 16:40:09

FG CHOCOLATE BROWNIE

Ingredients

1 portion Sidoli Chocolate Brownie : Gluten Free, 12 portion

50 ml Yorvale : Vanilla : Dairy Ice Cream

1 g Mint

20 ml Chocolate Sauce : Frozen

Allergens & Dietary Suitability

Soya

Eggs

Milk

* Tree Nuts

* May Contain

Allergen Disclaimer:

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Last Updated:

Most recent item added: 07/02/2019 10:53:21 (522766)

Dish details last updated: 07/02/2019 10:53:51

FG LEMON TART AND RASPBERRY SORBET

Ingredients

1 portion	Tart : 12 Portion : Lemon
50 ml	Yorvale : Raspberry : Sorbet
1 g	Mint
3 g	Total Savers : Icing Sugar

Allergens & Dietary Suitability

Gluten	Eggs
Milk	Sulphur dioxide

* Tree Nuts

* May Contain

Allergen Disclaimer:

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Last Updated:

Most recent item added: 07/02/2019 11:00:24 (508254)

Dish details last updated: 07/02/2019 11:00:58

FG SUMMER BERRY CHEESECAKE

Ingredients

1 ptns Cheesecake : Summer Berry : 12 Portion : Baked

25 g Boiron Raspberry Coulis

1 g Mint

Allergens & Dietary Suitability

Gluten

Eggs

Milk

* Peanuts

* Tree Nuts

* Soya

* May Contain

Allergen Disclaimer:

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Last Updated:

Most recent item added: 07/02/2019 11:02:33 (201119)

Dish details last updated: 07/02/2019 11:03:12

FG VEGAN CHOCOLATE FUDGE CAKE

Ingredients

1 portion Belgium Chocolate : Cake : 14 Portion : Vegan

15 g Boiron Raspberry Coulis

Allergens & Dietary Suitability

Gluten

Soya

* Peanuts

* Tree Nuts

* Eggs

* Milk

* May Contain

Allergen Disclaimer:

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Last Updated:

Most recent item added: 07/02/2019 11:05:49 (305159)

Dish details last updated: 06/03/2019 14:50:41